

AGES 16-18

LOCATION : ALISO VIEJO

MONDAY	8:30 - 9:30	CONTEMPORARY DESCRIPTION: MOVEMENT BASED CLASS 2-3 YEARS OF DANCE EXPERIENCE	SAM CANTORIA
TUESDAY	7:30 - 8:30	BALLET DESCRIPTION: ADVANCED 4-5 YEARS OF BALLET EXPERIENCE	SLAVA BELKINSKY
TUESDAY	8:30 - 9:30	CHOREOGRPAHY DESCRIPTION: LEARNING DIFFERENT CHOREOGRAPHY TOOLS AND WORKING ON CHOREOGRPAHY RENTENTION. INSTUCTOR WILL CHANGE GENRES WEEKLY (JAZZ, LYRICAL, JAZZ FUNK) 3-4 YEARS OF DANCE EXPERIENCE	ALEX ALBA
THURSDAY	6:30 - 7:30	HIP HOP DESCRIPTION: FUN CLASS LEARNING HIP HOP MOVES AND SHORT COMBOS WEEKLY 3-4 YEAR OF DANCE EXPERIENCE	MARIAH SPEARS
THURSDAY	7:30 - 8:30	PILATES DESCRIPTION:CONDITIONING, LEGNTHENING, AND CORE SKILLS 2-3 YEARS OF DANCE TECHNIQUE	KELLEY BROWN
THURSDAY	7:30 - 8:30	HIGH SCHOOL JAZZ DESCRIPTION: WORKING ON TECHNIQUE & JAZZ COMBINATIONS, GREAT FOR HIGH SCHOOL DANCE TRAINING 3-4 YEARS OF DANCE EXPERIENCE	MARIAH SPEARS
THURSDAY	8:30 - 9:30	HIGH SCHOOL PILATES DESCRIPTION:CONDITIONING, LEGNTHENING, AND CORE SKILLS 3-4 YEARS OF DANCE TECHNIQUE	KELLEY BROWN

LOCATION : LADERA RANCH

MONDAY	6:30 - 7:30	CHOREOGRPAHY DESCRIPTION: LEARNING DIFFERENT CHOREOGRAPHY TOOLS AND WORKING ON CHOEROGRPAHY RENTENTION. INSTUCTOR WILL CHANGE GENRES WEEKLY (JAZZ, LYRICAL, JAZZ FUNK) 2-3 YEARS OF DANCE EXPERIENCE	ALEX ALBA
MONDAY	6:30 - 7:30	TAP DESCRIPTION: COVERING ADVANCED TAP SKILL SETS 3+ YEARS OF TAP EXPERIINCE	LEAH SILVA
TUESDAY	8:30 - 9:30	JAZZ DESCRIPTION: JAZZ TECHNIQUE / COMBINATIONS 3-5 YEARS OF DANCE EXPERIENCE	AMANDA GARDNER

WEDNESDAY	8:30-9:30	LYRICAL TECH/CHOREOGRAPHY <i>DESCRIPTION: MOVEMENT BASED CLASS WITH WEEKLY COMBINATIONS</i> 3-4 YEARS OF DANCE EXPERIENCE	ALEX ALBA
THURSDAY	5:30 - 6:30	JAZZ <i>DESCRIPTION: JAZZ TECHNIQUE / COMBINATIONS</i> 3-5 YEARS OF DANCE EXPERIENCE	AMANDA GARDNER
THURSDAY	8:30 - 9:30	CONTEMPORARY (!FULL! EMAIL TO BE ADDED TO WAITLIST IF INTERESED) <i>DESCRIPTION: MOVEMENT BASED CLASS WITH WEEKLY COMBINATIONS</i> 3-5 YEARS OF DANCE EXPERIENCE	MALIA ASAHINO
SATURDAY	8:30 - 9:30	POMS / JAZZ TURNS & JUMPS <i>DESCRIPTION: TECHNIQUE CLASS GEARED TO WORK ON HIGH SCHOOL DANCE TEAMS AND CHEER TEAMS</i> 3-4 YEARS OF DANCE EXPERIENCE	NICOLE CESTONE
SATURDAY	8:30 - 9:30	FEET & FOUNDATIONS <i>DESCRIPTION: CLASS WILL CONSIST OF WEEKLY FOCUSED EXERCISES ON FEET AND ANKLES TO INCREASE FLEXIBILITY AND STRENGTHEN ANKLES</i> 3-4 YEARS OF DANCE EXPERIENCE	ALIA KANEAIKALA